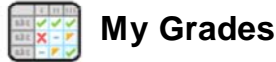


DLD2012-PED201 WALK FITT (PED201) - DLD REVIEW COURSE My G

DLD Approval Criteria A13: Assignments structured to (a) require consistent effort and (b) an appropriate amount of time for online interactions, study, and homework throughout the term.

DLD2012-PED201
(WALK FITT
(PED201) - DLD
REVIEW COURSE)



Announcements

Course Info

Messages

Gradebook

REQUIRED INTRO

LEARNING UNITS

Discussion Board

Teacher Info

Tools

Item Name	Details	Last Student Activity	Last Teacher Activity	Grade	Points Possible	Comme
60% to Pass	Details			0.00%	126	
Student Contact Information	Details	Feb 8, 2012		-	5	
Required Introduction Quiz(1)	Details	Feb 8, 2012				
Introductions- Who's Online?	Details	Feb 9, 2012				
Course Overview Assignment	Details	Feb 10, 2012		-	5	
Family Medical History	Details	Feb 16, 2012		-	5	
Personal Readiness Assignment	Details	Feb 22, 2012		-	5	
What is fitness?	Details	Feb 23, 2012		-	2.5	
How can walking support my cardio-respiratory health?	Details	Feb 29, 2012		-	2.5	
UNIT 2: CARDIO	Details	Mar 2, 2012				
Week 4 Tracker	Details	Mar 9, 2012				
Total Daily Energy Expenditure (TDEE) Worksheet	Details	Mar 15, 2012		-	5	
Tracker Week 5	Details	Mar 16, 2012		-	2.5	
Nutrition Log #1	Details	Mar 22, 2012		-	2.5	
Tracker Week 6	Details	Mar 23, 2012		-	2.5	

Note Due Dates= Regularly occurring assignments that require consistent effort, as they move the student through the units, lessons, and successful completion of the course.

Research

Discussion

Discussion

Quiz

Calculation

Personal log & evaluation

Note Assignment Types= differing kinds of engagement with curriculum and interactions with other classmates (ie "online interactions")

What foods are high in _____?	Details	Mar 28, 2012	-	5
Week 7 Tracker	Details	Mar 30, 2012	-	0
Product Evaluation	Details	Mar 30, 2012	-	5
UNIT 3: NUTRITION	Details	Mar 30, 2012	-	5
Fitness PLAN	Details	Apr 12, 2012	-	5
Tracker Form	Details	Apr 13, 2012	-	0
Activity Log #1	Details	Apr 24, 2012	-	5
Activity Log #2	Details	May 1, 2012	-	5
Barriers to fitness	Details	May 3, 2012	-	5
Activity Log #3	Details	May 8, 2012	-	5
Activity Log #4	Details	May 15, 2012	-	5
Activity Log #5	Details	May 22, 2012	-	5
Activity log 6	Details	May 29, 2012	-	5
[Extra Credit] Vitamin Water	Details	Jan 6, 2012	-	1
Activity log #7	Details	Jun 5, 2012	-	5
Activity log #8	Details	Jun 12, 2012	-	5
Reflections Discussion Forum	Details	Jun 19, 2012	-	5

[Icon Legend](#)